

The Bear Essential



Spring 2019

Table of Contents:

Program Director/Clinical Coordinator Comments . .	2
A Special Thank You.	5
Our Program: A Year in Review	5
Faculty Accomplishments.	13
Student Accomplishments	14
Preceptor of the Year	15
Alumni Accomplishments.	16
New ATCs	17

A Word from Dr. Suanne Maurer-Starks and Dr. Kimberly Wise

Wow! This entire year has flown by . . . it just seems like it was last week we were welcoming everyone back to our annual Orientation and getting prepared to begin another academic year. Trying to encapsulate the entire year in this brief area will be difficult, but we wanted to be sure all were aware of ‘the happenings’ of the BSU ATP!

This past summer we cohosted a seminar with the Korey Stringer Institute. We had preceptors, faculty, students, and fellow practitioners in attendance. All participants walked away with a better understanding of the identification and treatment of heat related illness. Additionally, the BSU ATP was named the inaugural recipient of the Korey Stringer Institute (KSI) 2018 Athletic Training Program Award. This award is given annually to an athletic training educational program that excels in community outreach as it pertains to preventing sudden death in sport and physical activity award.

We welcomed all students back for orientation and covered information regarding Mandated Reporting, how to better support student-athletes with learning differences when we manage rehabilitation programs, equipment removal, spine boarding and water immersion techniques with heat illness patients.

We are well aware we cannot offer a quality program without the support from our Preceptors throughout the various settings of athletic medicine. We don’t often get the opportunity to publically thank our Preceptors, but without them agreeing to take on the mentorship role, we would not be able to offer such diversity of clinical educational experiences. Hats off to all those who serve in the role of Preceptors!

There were a number of new sites that joined our BSU AT clinical team; we welcome their service and teaching excellence in the near future:

Nicholas Ferrara, G’13 Becker College

Anthony Citriniti, Texas Legends, an NBA G-League Affiliate in Frisco, TX.

Kathleen Thornton, UG ’89 Occupational Health Southcoast Health

Haruki (Muk) Mukouchi, G’18 University of Rhode Island

Special holler to Andy Llaguno who is the RIATA Excellence in Leadership recipient.

On **Friday May 31, 2019**, Bridgewater State University will host a Preceptor Appreciation Breakfast which will commence at 8:30 AM. Following the breakfast, we will convene as a group to discuss clinical education and the BSU Athletic Training Program's positive future.

During this event, we will pay tribute to the 2018-2019 'Preceptor of the Year Award.' This award honors a preceptor who has demonstrated a commitment to excellence in clinical education as a mentor and instructor. The event will be held in the Maxwell Library, Rm 103. Per the CAATE 2020 Standards, adoption date January 9, 2018, Standards 32 and 40 outline that the BSU ATP is responsible for educating and providing preceptors with academic framework and/or professional development, aiming to support each educator in their role of being a preceptor. That being said, it is recommended that each preceptor attend this event at least once every two years.

Save-the-Date: May 29, 8:00am - 12:00pm

Collateral Damage: Impact of Substance Abuse on Our Communities

Bridgewater State University's Moakley Center

This will be a CEU event!

Full flyer is included at the end of our newsletter

As we are all aware, July 1, 2022 will delineate the last year in which an undergraduate may enter into an athletic training program (as an UG program). BSU has welcomed the last class of students (class of 2021) into the Professional Phase of the program this April. In wanting to provide future students the opportunity to study as an UG at BUS, the AT faculty has worked hard over the last two years in development of a new major. We have created a Health Science major with additional 'Pre' concentrations – Pre-Athletic Training; Pre-Physical Therapy and Pre-Occupational Therapy. As we developed this major and concentrations, we kept in mind the newest CAATE Standards and are hopeful this program will continue to meet the needs of students of the region as well as draw upon students from other regions of the country. The final hurdle is approval from the state. Further, we hope students will look to continue their graduate studies directly in our MS ATP.

We have had a number of accomplishments of faculty and students alike. Dr. Kathleen Laquale was the recipient of the EATA Cramer Award. Dr. Colandreo stepped into his role from President-Elect to President of ATOM; Dr. Wise was awarded tenure as well as being named a recipient of the NATA Service Award; Dr. Szlosek was named Chair of the ATOM Young Professionals Committee; Drs. Leone, Wise and Maurer-Starks presented at the Young Professionals Symposium and were published in the January issue of the NATA News; Kassidy Campbell (UG) was a recipient of an EATA Scholarship and was honored at the EATA banquet; Gale McCall (G) was awarded the ATOM College Scholarship and the BSU Mary Lou Thornburg Graduate Student Scholarship; Meaghan Flaherty (G) has been named as the Chicago Cubs Rehabilitation Intern; Peter Archetto (G) has been named as the NE Patriots Summer Intern.

The following students presented their research at the BSU StARS symposium:

Baile Almeida (UG) The BEAR Approach: Bridge-Enhanced ACL Repair

Danielle Haradon (UG) ACL Injuries: Turf vs. Grass

Brian Kiessling (UG) & Jake Rezendes (UG) Effects of Rapid Weight Loss in Combat Sports

Kassidy Campbell (UG) & Jessica Woodbury (UG) Paradoxical Vocal Cord Movement

Paul Andrade (UG), Ben Silva (UG) & Andrew Macedo Squat: Let's Get Functional

Jovon Torres (UG) & Will Kelly (UG) Stretching & Flexibility: A Systematic Review

Alexandrya Cairns (G) Tuberculosis: Assessment, Diagnosis and Treatment as it Relates to General and Athletic Populations

Olivia Keefe (G) & Gangnam Gil (G) Cultural Competence Within the Athletic Training Profession: A Narrative Review

Gale McCall (G) Rehabilitation of the UCL in a Non-Throwing Athlete

Meghan Stanton (G) Establishing an Injury-Tracking Surveillance System for the Bridgewater State University Department of Dance

We had several students (as well as alum) who volunteered at the Boston Marathon. Dr. Wise graciously volunteered to be the faculty supervisor for Gale McCall (G), Kassidy Campbell (UG) and Taylor Dabney (UG). There were also several alum who ran the marathon and caught up with Dr. Wise at the finish line!

We are so thankful to our graduate assistant, Olivia Keefe (G'20). Olivia works so hard to support our program and has done great work in this role!

As you can see it has been another successful and busy year for all of those involved in the BSU ATP! We continue to 'tweak' the program to ensure we are providing the best academic experience for future practitioners. Be on the lookout as we will be looking to be tweaking the graduate program with regard to 'clinical immersion' as well as 'non-orthopedic' experiences. We hope you all have a relaxing summer and we look forward to what next year will bring!

A Special Thank You



First year graduate student, Olivia Keefe, has taken on the role of graduate assistant for our athletic training programs. Olivia has put in a lot of hard work this year and we are very thankful to have her!



Our Program: A Year in Review

Summer Orientation

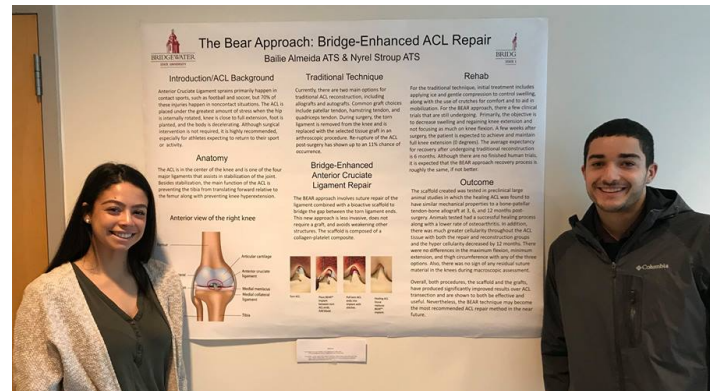
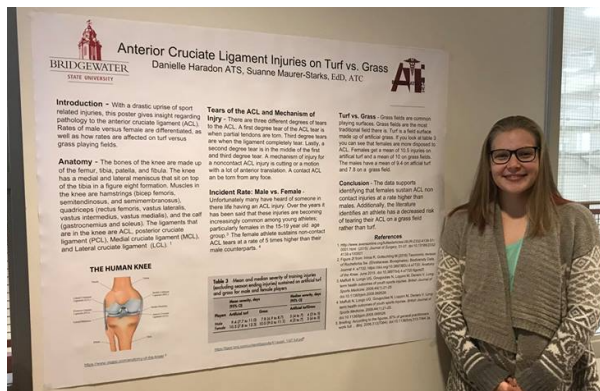
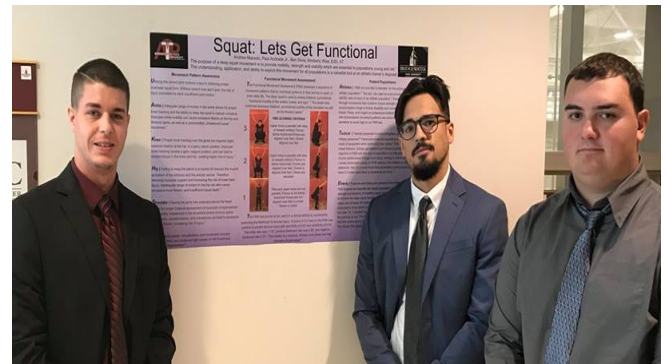
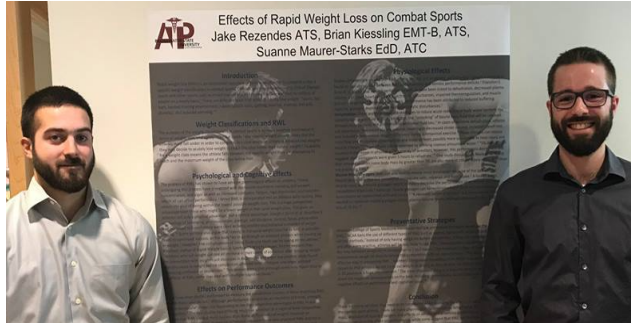
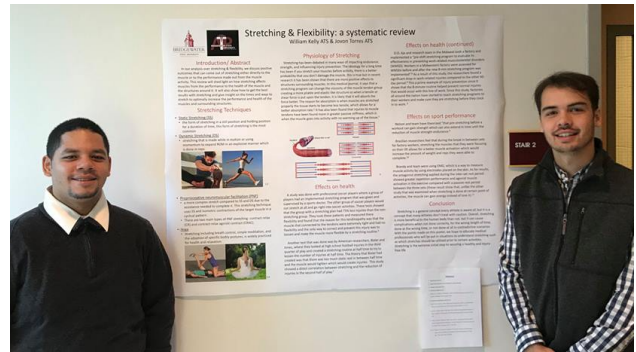
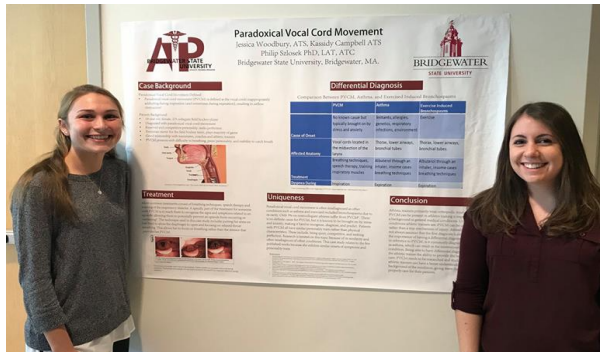
Our Program started the academic year right. Our summer orientation was a big success as students were able to practice taping, equipment removal, first aid, and spine boarding prior to starting their clinical rotations.



Our Program: A Year in Review

Student Research

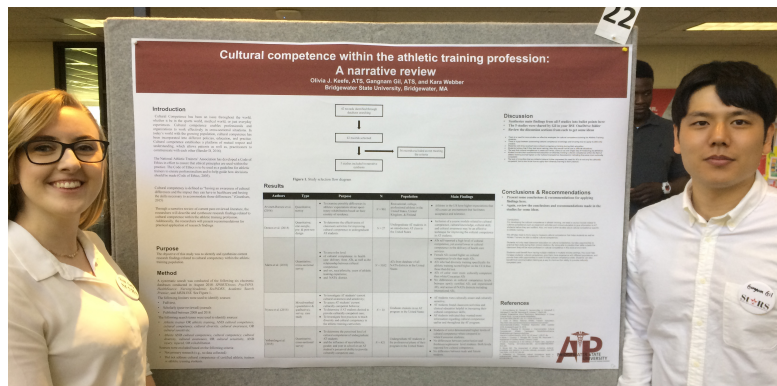
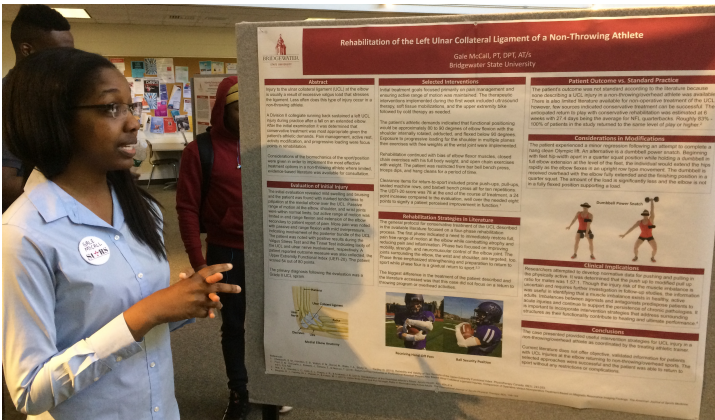
Students worked hard preparing their research projects. They were able to present their posters to the faculty and student body.



Our Program: A Year in Review

Student Research

Some students also submitted to present their research at Bridgewater State University's Student Arts & Research Symposium (StARS)



We were thrilled to have NATA District 1 Director, Diane Sartanowicz, and part time faculty member Christina Butler come and support our students!

Our Program: A Year in Review

Holiday Giving

Our faculty and students were hard at work at the end of the fall semester making no-sew blankets for the Brockton Women's Shelter and writing holiday cards for the soldiers over seas

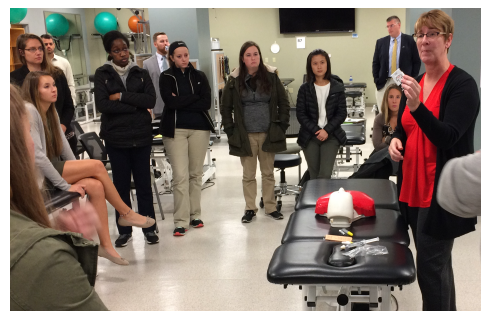
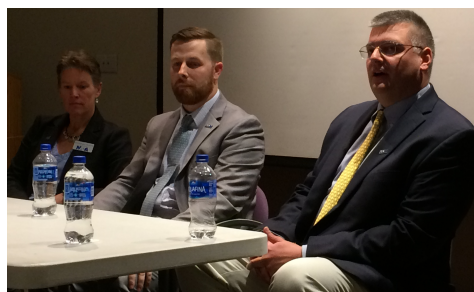


BSU had great representation at the ATOM Young Professional and Student Symposium in Boston, MA

Dr. Colandreo (ATOM President) spoke on the future of athletic training

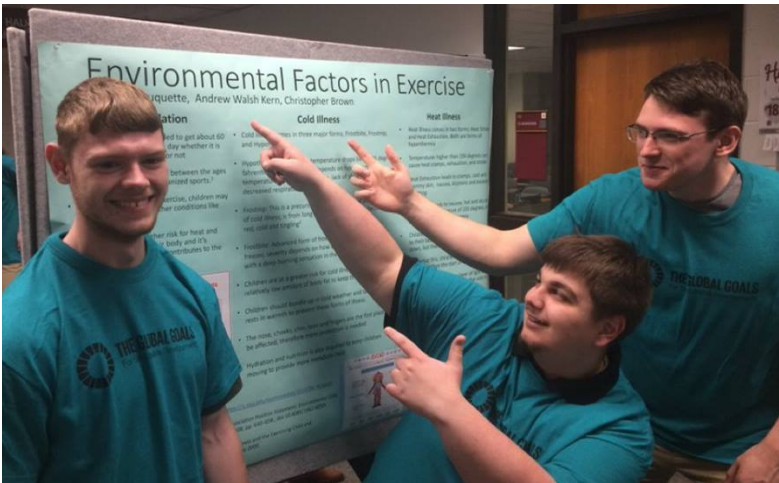
Dr. Leone, Dr. Wise, and Dr. Maurer-Starks taught how to administer NARCAN

Many BSU students attended the event and represented us well!



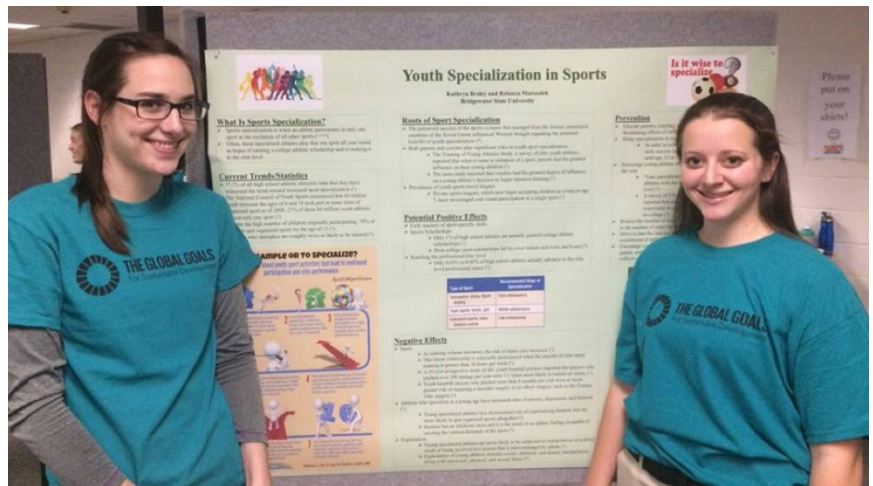
Our Program: A Year in Review

Two groups of our students volunteered to create research posters as a part of Universal Children's Day on BSU's Campus



Chris (UG'20), Mike (UG'20) and Andrew created a poster on environmental risk factors for youth sport and exercise.

Rebecca (UG'20) and Kat (UG'20) created a poster on the dangers of youth sport specialization



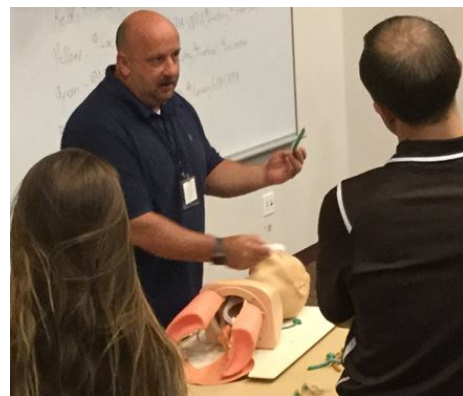
Our Program: A Year in Review

Korey Stringer Institute Athletic Training Program Award

Last year we announced that our program was selected as the first recipients for the KSI ATP Award. This award is given to an athletic training program that excels in community outreach as it pertains to preventing sudden death in sport and physical activity.

We were excited to welcome the Korey Stringer Institute to campus who presented on the importance of cold water immersion and rectal temperatures when managing heat illness. Additionally, the Harvard University athletic training staff including Brant, Jordan, Yumi, Matt, Diana, and Nicolas presented on modern trends in equipment removal, Don Gazzero and Jen Dowd presented on oral and nasal pharyngeal airway administration, and our own Drs. Leone, Wise, and Maurer-Starks taught the administration of NARCAN.

It was a highly successful day and an honor for our program!



Our Program: A Year in Review

Boston Marathon

Dr. Wise took a handful of our students to the Boston Marathon to provide medical care for the competitors. The students loved their experience!



New Health Science Major

As you all are aware, our athletic training profession is now requiring the professional level degree to be at the Masters level. This means the last graduating class of undergraduate athletic training majors at BSU will be May of 2021. Although we are sad to see our undergraduate program retire, we are excited about the changes this will bring. We will still be offering our Masters athletic training program and will now be offering a new health science major! All of the AT faculty have worked diligently to create this new major, which has been approved by the University. This major will prepare students interested in AT, PT, or OT to gain knowledge of allied health professions and meet pre-requisite requirements for admission to professional level graduate programs. We will have our first health science students in the fall of 2019 pending approval of the MA Board of Higher Education!

Faculty Accomplishments

**We are very proud to have such dedicated faculty affiliated
with our athletic training program**

Leadership Roles:

Dr. Suanne Maurer-Starks sits on the EATA Scholarship Committee

Dr. Bob Colandreo serves as the President of ATOM

Dr. Philip Szlosek sits as chair of the ATOM Young Professionals Committee

Faculty Awards

Dr. Wise was a recipient of the NATA Service Award. Additionally, we are excited to announce that Dr. Wise has been awarded tenure at BSU! Dr. Wise works tirelessly for our program and for our students; we are so grateful for her!



Dr. Laquale was a recipient of
the EATA Cramer Award!

Student Accomplishments

Our students work very hard and their efforts have been rewarded.

They continue to represent BSU Athletic Training so well!

Scholarship Winners:

Kassidy Campbell (UG'19) won
the EATA Marcia K Anderson
Scholarship



Gale McCall (G'20) won the ATOM College
Scholarship and the BSU Dr. Mary Lou Thornburg
Graduate Student Scholarship!

Mike Duquette won the 2019 BSU Billy Schmeidal Athletic Training Scholarship

Meghan Stanton (G'19)
successfully defended her
masters project of establishing
an injury surveillance system for
the BSU department of dance



Preceptor of the Year

We are very fortunate to have so many outstanding preceptors affiliated with our athletic training program. Our preceptors work extremely hard to support, challenge, and develop our students clinically, and serve as wonderful mentors to them. We want to recognize our preceptors in a special way by instituting the annual preceptor of the year award. This award is student nominated and serves to acknowledge an outstanding preceptor for their service to the Bridgewater State University Athletic Training Program and for the profound impact they make on our students. This year, BSU's preceptor of the year is Amanda Donahue.

Thank you to Amanda and all of our preceptors for your dedication to our students!

Amanda Donahue currently serves as the certified athletic trainer at Dean College for the Joan Phelps Palladino School of Dance & School of the Arts since January of 2013. She also recently joined the athletic training staff of Blue Man Group this year. She received her Master of Science in Kinesiology from the University of Illinois and her Bachelor of Science in Athletic Training from Northeastern University. She currently serves as a performing arts council member within the Council of Practice Advancement within the National Athletic Training Association (NATA), and is a member of the International Association of Dance Medicine & Science (IADMS). With a background in ballet and ballroom dance, Amanda strives to empower performing artists with injury care and prevention techniques.



Alumni Accomplishments

Super Bowl Champions

Congratulations to the New England Patriots Athletic Training Staff including BSU alumni Michael and Matthew (pictured below) and head athletic trainer Jim on their Super Bowl LIII Victory!



New ATCs

**Congratulations to our seniors and second year masters students
who passed their BOC exam!**

Paul Andrade

Peter Archetto

Kassidy Campbell

Meghan Flaherty

Gangnam Gil

Anthony Keeler

Will Kelly

Brian Kiessling

Paige Radomski

Jake Rezendes

Nyrel Stroup

Jessica Woodburry

